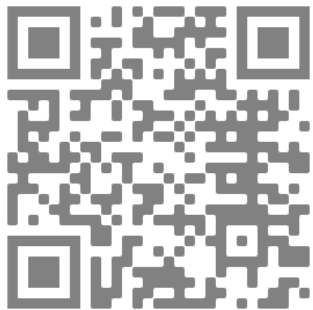




VISIT OUR WEBSITE



CONTACT US

(318) 255-1155

www.newbeginningsruston.com

2000 North Trenton Street Suite One
Ruston, LA 71270


newbeginnings
wellness center and spa



WHO WE ARE

New Beginnings is a hybrid membership and fee-for-service medical office and spa.



Owner and CEO, Lucy Douglas, MSN, APRN, FNP-C, a nurse practitioner, provides functional medicine services to the greater Ruston area and beyond. With over 20 years in the medical field, Lucy is passionate about delivering holistic, individualized care in an atmosphere that is welcoming and compassionate.

OUR MISSION

The mission of New Beginnings Wellness Center & Spa is to deliver comprehensive, holistic healthcare services, including health promotion, disease prevention, and disease management. Our goal is to unite the mind, body, and spirit through natural and conventional methods to improve patients' vitality, quality of life, and wellbeing.



OUR SERVICES

WELLNESS CENTER

Frequently Treated Conditions:

- General Check-up
- Thyroid Treatment
- Hormonal Therapy
- Cardiovascular Health Treatment
- Diabetes Prevention
- Energy Optimization
- ADD/A

MEDICAL SPA

- Massage
- Sauna
- Facials
- Peels
- Skin Rejuvenation
- Fillers and Injections
- Lash Extensions
- Waxing

For specific pricing please visit our website.